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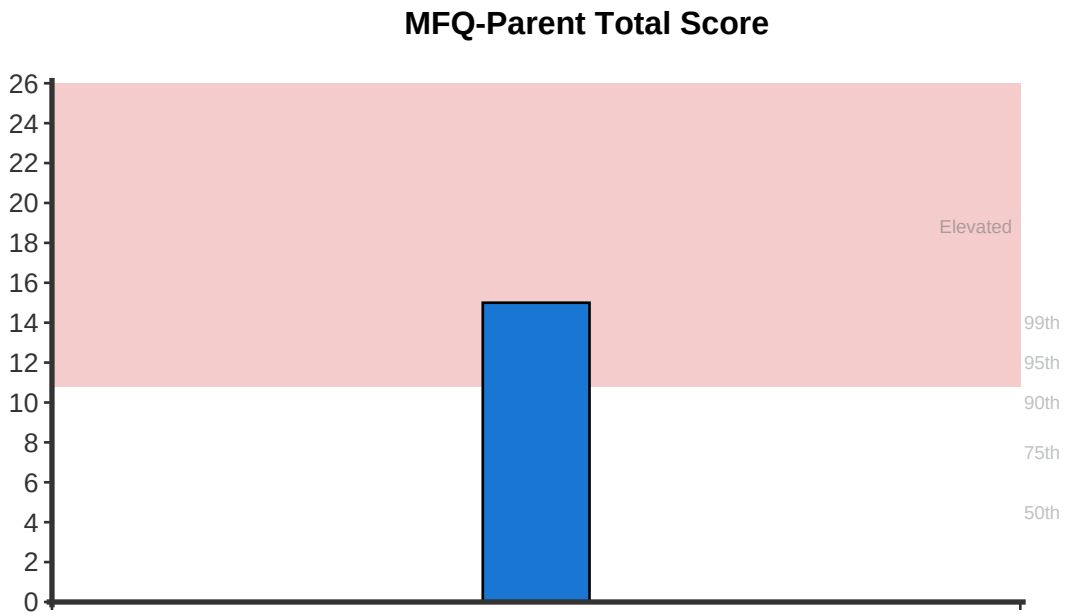
Mood and Feelings Questionnaire-Parent Report (MFQ-Parent)

Client Name	Generic Client	*Date administered*	2 Oct 2025
Date of birth (age)	1 Jan 1999 (26)	*Time taken*	1 min 53s
Assessor	Dr Emerson Bartholomew		

Results

	Score	Community Percentile	Clinical Percentile	Descriptor
Total (0-26)	15	99	91	Elevated



Interpretation

The Short Mood and Feelings Questionnaire - Parent Report (MFQ-Parent) was administered on 2 October 2025.

The parent rated their child with a total score of 15 out of a possible 26. This indicates elevated depressive symptoms based on parent observation. Parents of young people scoring in this range are observing a notable level of depression that is likely impacting their child's emotional well-being and daily activities. Parents may notice persistent low mood, reduced enjoyment in previously pleasurable activities, negative thoughts or self-statements, difficulties with concentration or energy, increased tearfulness, or changes in their child's behaviour and engagement. This level of symptoms warrants further clinical evaluation to determine the appropriate level of support and intervention.

The following items were endorsed at the highest levels by the parent:
- 2. They didn't enjoy anything at all. (True)
- 5. They felt they were no good anymore. (True)
- 12. They thought they could never be as good as other kids. (True)
- 1. They felt miserable or unhappy. (Sometimes)

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- 3. They felt so tired that they just sat around and did nothing. (Sometimes)

Scoring and Interpretation Information

Each of the 13 MFQ-Parent items are scored 0 (not true), 1 (sometimes), or 2 (true), reflecting the frequency of depressive symptoms observed in the child over the past 2 weeks. The sum of responses to all items produces a total score ranging from 0 to 26. Higher scores indicate greater severity of depressive symptoms.

The established total cut-off score of 11 and above indicates the presence of significant depressive symptoms that warrant further evaluation. This threshold was established by Thapar and McGuffin (1998) and demonstrates good sensitivity and specificity for identifying youth with depressive disorders. The total score is also presented in comparison to a community sample of children (aged 6-8), and a clinical sample (aged 11-13) who met diagnostic criteria for depression.

The MFQ-Parent can be used for monitoring symptom changes over time during treatment. Research examining meaningful score changes suggests a 2-point change in either direction represents a noticeable shift in symptom severity.

On first administration, a bar graph displaying the total raw score is presented. When the assessment is administered multiple times, a longitudinal line graph is generated to track changes in the total raw score over time.

Client Responses

		Not True	Sometimes	True
1	They felt miserable or unhappy.	**0**	**1**	**2**
2	They didn't enjoy anything at all.	**0**	**1**	**2**
3	They felt so tired that they just sat around and did nothing.	**0**	**1**	**2**
4	They were very restless.	**0**	**1**	**2**
5	They felt they were no good anymore.	**0**	**1**	**2**
6	They cried a lot.	**0**	**1**	**2**
7	They found it hard to think properly or concentrate.	**0**	**1**	**2**
8	They hated themself.	**0**	**1**	**2**

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Client Responses (cont.)

		Not True	Sometimes	True
9	They felt they were a bad person.	**0**	**1**	**2**
10	They felt lonely.	**0**	**1**	**2**
11	They thought nobody really loved them.	**0**	**1**	**2**
12	They thought they could never be as good as other kids.	**0**	**1**	**2**
13	They felt they did everything wrong.	**0**	**1**	**2**